

**Programs  
for Kids of  
All Ages**

**Trainings  
for  
Parents**

**Counseling  
Services**

**Workshops  
in Schools**

**Community  
Presentations**



# Needham Youth Services

## Winter and Spring Programs 2015/ 2016

### Congratulations Colleen Schaller



Colleen Schaller has been selected as the 2016 recipient of the Patrick C. Forde Good Person Memorial Award. Learn more about this award as well as the award ceremony scheduled for January 25th inside this publication or at [www.needhamma.gov/youth/fordeaward](http://www.needhamma.gov/youth/fordeaward).

**Registration begins Monday, January 4, 2016**

#### **Registrations are accepted as follows:**

**In Person:** Monday - Friday, 8:30am - 5:00pm  
Needham Youth Services' Office

**Mail:** Needham Youth Services  
Needham Town Hall  
1471 Highland Avenue  
Needham, MA 02492

To learn more about Needham Youth Services  
or if you have questions, please call our office at **781-455-7500 x267**

For notification of upcoming programs, join our listserv at:  
[www.needhamma.gov/youth/email](http://www.needhamma.gov/youth/email)

Or like us on Facebook at:  
[www.facebook.com/NeedhamYouthServices](https://www.facebook.com/NeedhamYouthServices)

[www.needhamma.gov/youth](http://www.needhamma.gov/youth)



# Winter/Spring Youth Programs

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## Ongoing Youth Programs...

### Babysitter Training Course



We offer a Babysitter Training Course for new babysitters or for those with limited experience who desire a refresher class. The training is six (6) hours and is offered as a three-day course. Students must be in the 6th grade and at least 11 years old to take the class.

#### Registration is Required

**Dates:** Session 4: January 14, 21 & 28 (snow date: February 4)  
Session 5: March 9, 16 & 23 (snow date: March 30)

**Cost:** \$45 (waived in the event of financial need)

**Location:** Session 4 at Pollard (2:45pm — 4:45pm)  
Session 5 at High Rock (2:30pm — 4:30pm)

**Facilitator:** Meaghan Dupuis, LMHC

Learn more at

[www.needhamma.gov/youth/babysitting](http://www.needhamma.gov/youth/babysitting)

### RAY of Hope Program



The RAY (Recognize A Youth) of

Hope award is a monthly recognition of a youth who is giving back to the community and/or is a role model for their peers. The program has no age limit — kindergarten through high school...and yes, we have had recipients as young as 5 years old!

To learn more and/or to nominate a youth for "RAY" you can download a form online at: [www.needhamma.gov/youth/ray](http://www.needhamma.gov/youth/ray) or one can be obtained at the Needham Youth Services' office.

## Upcoming Youth & Family Program-Registration begins May 2, 2016



### Valuable Interactions among Peers (VIP)

VIP is a peer mentoring program designed for high school students (Big VIPs) and elementary students (Little VIPs) in 3rd through 5th grades. The goals of the program are for Little VIPs and Big VIPs to spend quality one-on-one time together, for the Little VIPs and Big VIPs to have a safe place to come to interact and play, and to build connections assisting all students in gaining confidence and building self-esteem.

Learn more at:

[www.needhamma.gov/youth/vip](http://www.needhamma.gov/youth/vip)

#### Application Required

### Peer Tutor Program

The Peer Tutor Program matches high school students (tutors) with 3rd through 8th grade students (tutees) who have demonstrated a need for academic assistance or a need for support in developing successful study habits. The goals of the program are to provide academic assistance and to create a supportive learning environment that enables the tutees to gain confidence and build self-esteem. Students helping students is a very successful and fun way to learn!

Learn more at:

[www.needhamma.gov/youth/peertutor](http://www.needhamma.gov/youth/peertutor)

#### Application Required



### EXTREME LOOKS

This four-day workshop will explore how the media goes to extremes that distort girls' self-esteem, body image, and thoughts. The program is open to girls currently in 6th to 8th grades. Learn more at:

[www.needhamma.gov/youth/extremelooks](http://www.needhamma.gov/youth/extremelooks)



### PROJECT VAN

Project VAN (Volunteers Around Needham) offers youth ages 13 — 17 the opportunity to provide valuable community service to local organizations. Learn more at:

[www.needhamma.gov/youth/projectvan](http://www.needhamma.gov/youth/projectvan)

### Single Parents Support Group

Are you a single parent interested in participating in a group addressing such issues as time management, raising healthy children, taking care of yourself, while at the same time getting to know other single parents? Learn more at:

[www.needhamma.gov/youth/singleparent](http://www.needhamma.gov/youth/singleparent)



## Registration required for the above programs

What's the best way to learn about our programs?

Join our listserv at:

[www.needhamma.gov/youth/email](http://www.needhamma.gov/youth/email)



### Make a Statement Day

April 1, 2016

On Make A Statement Day, ALL Needham High School students and faculty are encouraged to wear a self-made t-shirt with a statement, quote, philosophy, or statistic about an issue that is meaningful to them.

Learn more at: [www.needhamma.gov/youth/masd](http://www.needhamma.gov/youth/masd)



### A Conversation...For Parents of Teens

Funded by the Needham Women's Club, this free program is limited to 9 participants per evening and creates a forum in which parents discuss the challenges of parenting teens in a supportive and confidential setting. Parents may attend one or both of the following evening meetings (which will include dinner).

You **must** register in advance to attend

**January 26th:**

**Teen risk-taking behaviors and what parents can do about it**

**February 23rd:**

**The hidden dangers of teens & technology**

**Time:** Tuesdays from 5:30pm - 7:30pm

**Cost:** Free

**Location:** Needham Town Hall (May-Chapel Room)

**Facilitator:** Jon Mattleman ([jmattleman@needhamma.gov](mailto:jmattleman@needhamma.gov))

Learn more at:

[www.needhamma.gov/youth/aconversation](http://www.needhamma.gov/youth/aconversation)

### QPR Suicide Prevention Training

The Needham Coalition for Suicide Prevention and Needham Youth Services are offering free QPR trainings. QPR (Question, Persuade, Refer) is based upon the following concepts: Those who most need help in a suicidal crisis are the least likely to ask for it; The person most likely to prevent a person dying by suicide is someone they already know; and, That prior to making a suicide attempt a person typically sends warning signs of their distress and suicidal intent to those around them.

You **must** register in advance to attend

**Date:** February 3, 2016

**Time:** 7:00pm - 9:00pm

**Cost:** Free

**Location:** Needham Town Hall (Great Plain Room)

**Facilitator:** Jon Mattleman ([jmattleman@needhamma.gov](mailto:jmattleman@needhamma.gov))

Learn more at:

[www.needhamma.gov/youth/QPR](http://www.needhamma.gov/youth/QPR)

### Patrick C. Forde

#### Good Person Memorial Award

Named after Needham resident and community activist Patrick Forde, each year this award recognizes an adult in the community who has helped make Needham a better place for youth through his/her volunteer work. Learn more at [www.needhamma.gov/youth/fordeaward](http://www.needhamma.gov/youth/fordeaward)

The public is invited to the:

**2016 Award Ceremony**

**Monday, January 25th at 5:00 PM**

**Powers Hall-Town Hall**

Honoring

**Colleen Schaller**



### Adoptive Parent Group

A **free** four week group for adoptive parents.

**Dates for: Parents of 7th graders and up.**  
**Thursday, March 3rd, 10th, 17th, and 24th**

**Registration is Required**

**Time:** 7:30 - 9:00pm

**Facilitator:** Michelle Terry – David LICSW

For additional information please contact Maria Papantoniou at: [mpapantoniou@needhamma.gov](mailto:mpapantoniou@needhamma.gov)

Learn more at:

[www.needhamma.gov/youth/adoption](http://www.needhamma.gov/youth/adoption)



### March is... Needham Unplugged Month

Needham Unplugged is an awareness campaign to remind Needham families and residents to "unplug their electronics" and "plug into" each other. Watch for announcements about activities that do NOT require electricity and that emphasize person-to-person interaction and health. The highlight of the program will be **March 10th**, our no-homework, no-sports, and no-activities night for Needham Public School students. In addition on this same day there will be no town, community, religious, or civic meetings. Learn more at: [www.needhamma.gov/youth/unplugged](http://www.needhamma.gov/youth/unplugged)

# General Information

Most of our services are Free of charge

## Join our Email Listserv

If you are interested in receiving periodic updates of Needham Youth Services' programs that may be of interest to you and/or your children, please visit our website at [www.needhamma.gov/youth/email](http://www.needhamma.gov/youth/email) and click on the year of birth of your child/children.

We ask for the year your child was born so that we can send you information that pertains to your child --- thus eliminating unwanted information. If you have more than one child, you must register for each child (by year of birth) individually.

## Payment

Most of our services are FREE of charge. If the program charges a fee, payment must accompany all registrations. Checks should be made payable to "Town of Needham - Youth Services".

## Fee Assistance

Financial aid is available to all Needham residents and Needham students. A letter requesting assistance must be submitted to the Director of Needham Youth Services at the time of registration. Learn more at: [www.needhamma.gov/youth/fee](http://www.needhamma.gov/youth/fee).

## Course Confirmation

We will confirm registrations by phone, email, or mail. You will be notified if the program is full or cancelled and your payment will be refunded.

## Inclement Weather

It is our policy that if Needham Public Schools close due to weather, our programs will also be cancelled. Weather related cancellations will be posted on our website at [www.needhamma.gov/youth](http://www.needhamma.gov/youth).

## Cancellations

We reserve the right to cancel or postpone a program due to low enrollment. If a multi-session program must be cancelled due to inclement weather or other unforeseen circumstances, refunds will not be given; however, we will do our best to reschedule.

## Refunds

If you request to withdraw from a class with sufficient time to get a replacement, a refund may be issued. However, if the slot can not be filled, no refund will be issued. If you do not show up for a class, there is no refund. Refunds will be issued if Needham Youth Services cancels a program and/or you registered for a program and there are no openings.

## Employment Program

The Employment Program assists young people in obtaining business and residential employment, and helping residents requiring help for around-the-house chores.

Youth age 12 to 21 who want to work must register with us by completing a Job Registration Form and a Parent Permission Form. For those 18 years of age and under, a parent or legal guardian must co-sign this form.

Both the Residential Employment Books and the Job Posting Books are available on Tuesdays from 9:00 am - 4:00 pm or by appointment. Forms may be requested/submitted at any time during the business week. There is a \$5 fee for this service for residents (\$10 for the express listing); there is no charge for youth using the Employment Program. Learn more at [www.needhamma.gov/youth/employment](http://www.needhamma.gov/youth/employment).

The Employment Program does not screen any applications or individuals—we act simply as a clearing house and an information source.

For further information please contact Maria Papantoniou 781-455-7500 x267 or [Mpapantoniou@needhamma.gov](mailto:Mpapantoniou@needhamma.gov)

## Counseling Services

Confidential individual, group, and family counseling for youth is available from our trained and committed staff. We accept referrals from the schools, courts, and parents. We also offer a **Substance Abuse Awareness Program**, a 15 hour assessment, education, and intervention program which takes an innovative approach to the topic of alcohol and drugs. We also offer a **Bullying Intervention Program**, a 10 - hour assessment, education and skill building program to address the issue of bullying. Learn more about our counseling services online at [www.needhamma.gov/youth/counselingservices](http://www.needhamma.gov/youth/counselingservices).

## Consultation and Referral

As the parent of a teen, you know first hand how challenging this stage of life can be. Even the best equipped and involved parents can find themselves in complex and confusing situations --- and may not know what to do next. Needham Youth Services can be a source of support in a crisis and/or when a parent does not know where to turn. Our free consultation can support a parent at a time when making logical decisions is critical. Parents have utilized this resource when dealing with a serious matter involving their child (e.g. drug/alcohol use), when they are concerned about a specific behavior (e.g. depression), or when they are just worried about their child's growth and development.

For further information please contact Jon Mattleman 781-455-7500 x265 or [jmattleman@needhamma.gov](mailto:jmattleman@needhamma.gov)



## Needham Youth Services Registration Form

Return/mail to Youth Services Office, 1471 Highland Avenue, Needham, MA 02492 or email to [mpapantoniou@needhamma.gov](mailto:mpapantoniou@needhamma.gov)

PARTICIPANT INFORMATION (REQUIRED)		
Participant's Name:	DOB:	
Address:	Zip Code:	
Home Phone:	Cell Phone:	
Email Address:	Grade & School:	
PARENT/GUARDIAN INFORMATION (REQUIRED FOR MINORS)		
Name:	Cell Phone:	
Email Address:		
EMERGENCY INFORMATION (REQUIRED)		
Name:	Relationship:	Phone:
Name:	Relationship:	Phone:
Allergies:	Medical Conditions:	
PROGRAM INFORMATION (REQUIRED)		
Program Name	Session	Fee
Donation to Needham Youth Services:		\$
Total Amount :		\$
Make Checks payable to "Town of Needham — Youth Services"		
AUTHORIZATION OF PARTICIPATION (REQUIRED)		
<p>I, the undersigned parent/guardian of _____, give permission for my child to participate in a Needham Youth Services' program. In the event of medical emergency, I authorize the staff to seek medical attention as required. Further, I shall indemnify and hold harmless and hereby release, remise, and forever discharge the Town of Needham from any and all liability, suits, losses, cause of actions, damage arising or occurring out of participation in the abovementioned program and/or arising or occurring out of any said medical attention.</p>		
SIGNATURE _____		Date _____
AUTHORIZATION TO PHOTOGRAPH/VIDEOTAPE (OPTIONAL)		
<p>I, _____, do hereby give permission to the Needham Youth Services to photograph/videotape me and/or my children as participants in a Needham Youth Services program. I understand that I will not receive any compensation or have any rights to these photographs/videos and I release the Town of Needham from any liability for their use. I understand that these photographs or videotape may be used in one or all of the following ways:</p>		
<ul style="list-style-type: none"> <li>• As part of the Needham Youth Services' website or social media site (e.g. Facebook).</li> <li>• As part of an application/submission to potential funding sources.</li> <li>• As part of an article in print media (Needham Times, Hometown Weekly, Boston Globe, Needham Patch, etc.).</li> <li>• As a video segment on The Needham Channel which may also be posted on their website and/or YouTube.</li> </ul>		
SIGNATURE _____		Date _____

Office Use Only:      Received \_\_\_\_/\_\_\_\_/\_\_\_\_      Check #:      Amt. \$ \_\_\_\_\_      Confirmation Sent \_\_\_\_/\_\_\_\_/\_\_\_\_

